

# Reducing the Effects of Divorce

## Seminar Information

You and your child's other parent will always be connected in some way by your shared parenting concern and responsibility. Making this situation work is challenging and sometimes very difficult for parents and their children. This 5 ½ hour seminar will help you to continue parenting your children effectively and to assist them in coping with the effects of separation or divorce.

Topics that will be discussed:

- How families experience separation, divorce, and custody/visitation disputes.
- Typical reactions of children.
- Developmental needs of children.
- Strategies to help children cope.
- Common pitfalls to avoid.

**“This seminar taught me to really listen to my children and better understand their fears and sadness regarding the separation. Now I feel better able to support them through this difficult situation.”**

**FEE:** \$80.00 per person for **2 day** seminar

### **LOCATIONS:**

**Seven Hills Family Services  
Family Support Center**  
1460 John Fitch Highway  
Fitchburg, MA

**Fitchburg Fire Department**  
33 North Street, Fitchburg, MA

**Gardner Seventh Day Adventist Church**  
100 Colony Road, Westminster, MA

### **TIMES:**

- Weeknight sessions are from 5:45 pm. to 8:30 pm.

**Please arrive 5 minutes early to check in.**  
Doors will be open at 5:30 pm for evening sessions .

## REGISTRATION

**Enrollment is confirmed on a first come first serve basis, upon receipt of payment. Registration will not be accepted without payment. You will receive confirmation of your enrollment by phone unless you provide your email on the registration form.**

## Seminar Dates

**Fitchburg**  
Seven Hills  
Family Support Center  
1460 John Fitch Highway  
Fitchburg, MA

**2016**  
February 9 & 10  
April 12 & 13  
June 14 & 15  
August 23 & 24  
October 11 & 12  
December 6 & 7

**Gardner/  
Westminster**  
Seventh Day  
Adventist Church  
100 Colony Road  
Westminster, MA

**2016**  
January 5 & 6  
March 15 & 16  
May 10 & 11  
July 12 & 13  
September 13 & 14  
November 8 & 9



## Spanish Speaking Classes

*Spanish classes are held on a monthly basis when the number of attendees reaches 10*

*Contact: Marta Medina at 508-243-3464*

# Co-Parenting Education (CO-PE)

## Reducing The Effects of Divorce

A Seminar for Parents

### RED

a program of

### COPE Trainings

PO Box 264

Fitchburg, MA 01420

(978) 266-0234

www.copetrainings.com

Email-copetrainings@gmail.com

## Items of Special Notice

- ◆ If you do not receive a confirmation phone call from this agency prior to class, please call us at 978-266-0234 or send email to copetrainings@gmail.com
- ◆ Failure to attend or cancel your scheduled class at least seven days in advance will result in forfeiture of your fee.
- ◆ If you miss the first day of class you will need to reschedule by contacting the office. Do not attend Day 2.
- ◆ This is a **two-day seminar**. Participants **must attend both days**.
- ◆ This is an educational seminar and is not covered by insurance.
- ◆ We cannot issue certificates of completion to participants who miss more than 60 minutes of the class.

This seminar is approved by the Chief Justice of the Probate & Family Court, Commonwealth of Massachusetts.

After attending the complete 5½ hour seminar, participants will receive a certificate of completion.

### ❖ NOTE ❖

The Commonwealth of Massachusetts has mandated that **SPOUSES DO NOT ATTEND THE SAME SEMINAR.**



Important - each participant must complete a separate Registration form

I would like to register for the following seminar dates: 1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

If you would prefer to receive your Confirmation of enrollment via email, please enter your email here (print clearly): \_\_\_\_\_

Phone #: \_\_\_\_\_

IMPORTANT: Name of spouse or parenting partner: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

\*If partner's name is not provided, this form will be returned to you.

Make checks in the amount of \$80.00 payable to: **CO-PE, LLC**

Send registration and payment to : **CO-PE, P.O. Box 264 Fitchburg, MA 01420**

## Registration Form

In accordance with the Commonwealth of Massachusetts mandate, PARTNERS WILL BE SCHEDULED FOR SEPARATE WORKSHOPS.